<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>School Holiday</th>
<th>Christmas Day</th>
</tr>
</thead>
<tbody>
<tr>
<td>12/22</td>
<td>Thursday</td>
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<tr>
<td>12/23</td>
<td>Friday</td>
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<tr>
<td>12/24</td>
<td>Saturday</td>
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<tr>
<td>12/25</td>
<td>Sunday</td>
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<tr>
<td>12/26</td>
<td>Monday</td>
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**Weekly Menu Tips:**
- Choose a variety of fruits and vegetables.
- Include lean proteins like chicken or fish.
- Choose whole grains over processed ones.
- Choose water instead of sugary drinks.

**Christmas Menu Ideas:**
- Stuffed Turkey
- Green Bean Casserole
- Mashed Potatoes
- Rolls
- Pineapple Upside Down Cake

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**December 2017 Specials:**
- Green Beans World
- Smoked Salmon & Rice
- Chicken Ranch Wrap
- Turkey & Stuffing Casserole
- Homemade Pizza

**Daily Announcements:**
- Holiday Spirit Week
- School Dance
- Holiday Party