

FOR IMMEDIATE RELEASE

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4-H Kids Cooking and Sewing Day Camps to be Offered

Texas A&M AgriLife Extension Service - Shelby County will be hosting their annual 4-H Kids Day Camps featuring cooking and sewing during June and July in Center, Texas. This program is open to all youth ages 9 through 18, and you do not have to be a member of 4-H to participate.

Kids Healthy Cooking Camp will be held June 11 – 15 from 9:00 am – 12:00 pm for grades 3-5 and 1:00 – 4:00 pm for grades 6-12.

This year we are featuring *“Path to the Plate”* to focus on the connection between agriculture and health. We will be making culinary delights using corn, wheat, tomatoes, squash and watermelon. Participants will have fun learning cooking skills, kitchen math, food safety, plating and watermelon carving. Cost is \$30 per child and class is limited to 20 participants. All supplies and food will be provided.



Sewing Sensations I – (for youth with no experience using a sewing machine), will be held June 25 – 29 from 10:00 am – 12:00 pm for grades 3-12. Participants will learn how to use a sewing machine and will make a nine-patch lap quilt to keep and showcase in the upcoming Poultry Festival Creative Arts Show. Cost is \$10 per child and class is limited to 10 students.

Sewing Sensations II – (for youth with previous experience from last year’s sewing camp or with other machine sewing experience), will be held July 30 – August 3 from 1:00 to 3:00 p.m. for grades 3 – 12. Participants will learn advance sewing machine techniques and will make a rail-fence lap quilt to keep and showcase in the upcoming Poultry Festival Creative Arts Show. We will also be working on our Quilt of Valor project to make quilts for Shelby County veterans. Cost is \$10 per child and class is limited to 10 students.



Sewing machines and fabric for quilt fronts will be provided for the participants. You may also bring your own machine, if desired. Grandmothers, moms and other adults willing to help with re-threading and other small sewing tasks are encouraged to attend the classes with participants (sewing experience not required).

For registration information for either camp, please contact Daphne at 936-598-7744. For additional information on these programs, contact county extension agent Jheri-Lynn McSwain at either 598-7744 or jlmcswain@ag.tamu.edu.

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Anyone needing special assistance at an Extension Program should contact the Texas A&M AgriLife Extension Office of Shelby County at (936) 598-7744 at least two weeks prior to the program or event.

The members of Texas A&M AgriLife will provide equal opportunities in programs and activities, education, and employment to all persons regardless of race, color, sex, religion, national origin, age, disability, genetic information, veteran status, sexual orientation or gender identity and will strive to achieve full and equal employment opportunity throughout Texas A&M AgriLife.

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